

Celebrating Freedom

CLASSIQUE CHRONICLE

AUGUST 2019 - SEPTEMBER 2019

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WHY TRAVEL FAR FOR A DESTINATION WEDDING!

Your wedding should be what dreams are made of. And that's exactly what you get at

The Retreat Hotel & Convention Centre - dreams really do come true here.

With 145 luxuriously appointed rooms, opulent suites, indoor and outdoor venues, multi-cuisine banquet facilities, The Retreat is the perfect destination for your dream wedding.

Right from pre-wedding photo shoots, wedding-functions (spread across two days), and post-wedding getaways, at The Retreat you can have it all under one roof.



All functions
over 2 days stay

DAY 1
Morning - Mehendi
Evening - Sangeet

DAY 2
Morning - Wedding
Evening - Reception

GETAWAYS ● WEDDINGS ● CONFERENCES ● BANQUETS

CLASSIQUE QUOTES

QUOTES

“An almost perfect relationship with his father was the earthly root of all his wisdom”- C.S. Lewis

“Find a group of people who challenge and inspire you; spend a lot of time with your life.” - Amy Poehler

“Love is the chain whereby to bind a child to its parents.” - Abraham Lincoln

“One cannot think well, love well and sleep well, if one has not dined well.” - Virginia Woolfe

“I shall be miserable if I have not an excellent library.” - Jane Austen



CLASSIQUE CELEBRATIONS

Celebrating Mum and Dad!

The Classique Club organized Parent's Day on the 1st of June and gave the entire family a chance to strengthen their bond. Tangerine and Shooters rustled up a delectable selection for all who had gathered. Truly a memorable experience for those who were a part of this grand evening.

Father's Day

With Tangerine as the venue, The Classique Club celebrated the unique bond between fathers and children on the 16th of June. Members were given a special discount of 20% as they unwinded with their dearest dads over drinks and dinner, and basked in the glow of shared memories, love and affection.

The weekend gala buffet dinner

Make your weekends at The Classique Club even more special with our gala buffet dinner. Tastes and flavours from around the world only at Rs 499/- All inclusive per person.

Host your kitty party in style

Give your kitty party a royal treatment at The Classique Club. For a minimum party of ten ladies, we offer an extremely attractive rate of Rs.450+ taxes per person.



CLASSIQUE HAPPENINGS

A FEAST FOR FRIENDSHIP

Celebrate Friendship Day on the 4th of August with your friends with an exclusive buffet at Tangerine and Shooters Bar and avail a discount of 20% on bill value above Rs 1000, only on á la carte.

A DAY OF NATIONAL PRIDE

Celebrate the occasion of Independence Day on 15th August with pride and joy. Join us for a ceremonial flag hoisting at 10am. Jai Hind

PARSI NEW YEAR EXTRAVAGANZA

Ring in the Parsi New Year with special Parsi delicacies on the 17th of August. Discounts of 20% on every bill above Rs 1000 can be availed at Tangerine and Shooters on all á la Carte dishes.

HOST YOUR KITTY PARTY IN STYLE

Give your kitty party a royal treatment at The Classique Club. For a minimum party of ten ladies, we have extremely attractive rates of Rs.450+ Taxes applicable per person.

THE MEANING OF BROTHERHOOD

Celebrate love and affection between brothers and sisters with our special buffet, offering an exclusive discount of 20% on bill value above Rs 1000, on a la carte dishes at Tangerine and Shooters.

GRANDPARENTS REJOICE

This September 8th, treat your beloved grandparents with a specially crafted a la carte menu at Tangerine. Avail discounts up to 20% at both Tangerine and Shooters.



AUGUST FESTIVALS

At Tangerine Chinese Combo Festival | Every Day | 7:30 pm to 11:30 pm

At Shooters Bar Mexican Food Festival | Every Day | 7:30 pm to 11:30 pm

Happy Hour Discount

- A complimentary glass of wine for ladies on Tuesdays and Thursdays



SEPTEMBER FESTIVALS

At Tangerine Maharaja Thali Festival | Every Day | Lunch and Dinner

At Shooters Bar Seafood Festival | Every Day | 7:30 pm to 11:30 pm

Happy Hour Discount

- A complimentary glass of wine for ladies on Tuesdays and Thursdays



CLASSIQUE CALENDAR

August 2019

03.08.19	Saturday	Giraffe Making
04.08.19	Sunday	Caesar Salad Making
10.08.19	Saturday	Tulip Origami
11.08.19	Sunday	Flag Making
17.08.19	Saturday	Chess Tournament
18.08.19	Sunday	Clown Making
24.08.19	Saturday	Sesame Crispy Chicken Making
25.08.19	Sunday	Clay Caterpillar Making
31.08.19	Saturday	Parrot Puppet Making



September 2019



01.09.19	Sunday	Ganpati Wall Hanging
07.09.19	Saturday	Palm Painting
08.09.19	Sunday	Husseini Kebab Making
14.09.19	Saturday	Fish Origami
15.09.19	Sunday	Table Tennis Tournament
21.09.19	Saturday	Clay Tortoise Making
22.09.19	Sunday	Banana Split Making
28.09.19	Saturday	Jute Painting
29.09.19	Sunday	Cloth Activity

CULTURAL EVENTS & ACTIVITIES (5:30 PM TO 6:30 PM)

SPORTS ACTIVITIES

Chess Tournament - on 17.08.19, Saturday from 5:30 PM to 6:30 PM

Table Tennis Tournament - on 15.09.19, Sunday from 5:30 PM to 6:30 PM

CLASSIQUE SHOOTERS RECIPES

IQBAL MANSOORI'S CLASSIQUE COCKTAIL & MOCKTAIL



Mai Tai

INGREDIENTS

White Rum	15 ml
Dark Rum	15 ml
Cointreau	10 ml
Dash of Grenadine syrup	
Pineapple juice	
Orange juice	
Ice cubes	

METHOD

Pour the ingredients into a cocktail shaker and shake well with ice. Serve in tall glass with straw. Garnish with orange slice.



Mango Blossom

INGREDIENTS

Mango Juice	180 ml
Grenadine syrup	05 ml
Orange juice	60 ml
Crushed Ice	

METHOD

Pour all the ingredients into a mocktail glass. Pour Grenadine syrup on top. Garnish with mango slice and cherry. Serve with straw.

CLASSIQUE HEALTH

Yoga for children

Owing to a fast-paced and demanding lifestyle, there has been increasing research in the field of yoga for children and young adults. It has been proven that yoga and meditation can be potential tools for children to deal with stress, regulate and strengthen themselves mentally.

Physical fitness

Children have a naturally flexible, supple and relaxed body. Their breathing patterns are right and they have high energy levels. But due to lack of physical activity, poor eating habits, prolonged use of gadgets and the environment, they may suffer from poor posture, low immunity, low energy, obesity, sleep disorders, eye problems and respiratory issues such as wheezing, asthma, etc. Genetic factors also play a big role.

Yoga postures assist in physical fitness of children by maintaining or enhancing their flexibility, strength, balance and coordinative ability. This helps in musculoskeletal growth and maintenance of suppleness of the spine and a good posture. Regularly practising yoga techniques also helps regulate the hormonal set up as they work directly on organs and glands. Thus, immunity gets a good boost.

While postures such as vrikshasana (tree pose) help in balance and coordination, marjariasana (cat stretch), bhujangasana (cobra pose) and dhanurasana (bow pose) help keep the spine strong and supple. Postures such as titli asana (butterfly pose) and kurmasana (tortoise pose) are excellent for flexibility. Shashankasana (hare pose) helps relax and calm the entire system. Yoga postures work by systematic contraction and stretching of muscles and joints while some postures require balancing where the body weight tends to lean on one side.



Mental and emotional well being

Children are expected to perform at school and extracurricular activities on a day to day basis. Their need for constant entertainment and stimulation is also increasing with massive presence of varying forms of media, leading to distraction and a generation shaped by the internet. They tend to show signs of distress and feelings of isolation when under pressure. Thus, they require mental focus and emotional balance to develop a good sense of self-esteem and confidence.

Yoga works on alignment and harmony between body, mind and emotions through postures, breathing techniques, mindfulness and meditation. This helps improve focus and concentration while it also helps them stay calm. Yoga can also help children suffering from behavioural issues (anger, anxiety, and aggression), Attention Deficit Disorders (ADD), obesity, sleep disorders and gadget dependency.

Children as young as four years can start practising yoga. By the time they reach the age of seven, they have the focus and ability to participate in group classes independently and maintain a routine.

Bharat Thakur

CLASSIQUE ENCOUNTER

Ms. Raymon Kakar

Tell us something about yourself.

I'm a creative person who loves photography and travel. I'm a traditionalist who loves to try new things and I'm an extrovert whose happy being with myself. In short, I'm a bag of contradictions.

Tell us something about your company/profession.

I'm an actor who has been in the profession for over two decades. I've done a wide variety of formats which include films, television, theatre and commercials. It's what I enjoy doing and it is the sort of work I've always enjoyed. I've never worked on something I haven't enjoyed. I'm currently working on a television show called "Yeh teri galiyaan" which features on Zee TV.



As per your profession, how do you manage your family and work?

I keep a professional work schedule and my family supports me in my work. This gives me peace of mind and helps me focus on my work. On the other hand, I make it a point to take time for family vacations and important family occasions by juggling my professional hours. It's a tough act but I've been managing it well so far.

What are your Hobbies and other areas of interests?

Travel, photography and watching movies thrills me. I try to spend my free time in areas that interest me and these pursuits give me immense joy. I also run my own jewellery line under the brand name "Rishma Kakar Jewels" and designing jewellery is a very satisfying pursuit for me.

How do you feel about being a member of The Classique Club?

The Classique Club is my oasis. It's a part of my life and I enjoy working out at the gym here and occasionally going for a swim. It signifies relaxation and reminds me that there are things in life that are more important than the routine of our daily working lives. I love the Classique Club.

CLASSIQUE RECIPES

Gajar Halwa

Recipe by Chef Mahabeer

(Measuring cup used, 1 cup = 250 ml)

8 to 9 medium tender juicy carrots / Gajar - yields approx. 4 to 4.5 cups grated carrots

4 cups full fat organic milk

4tbsp ghee / clarified butter

10 to 12 tbsp. sugar or as required

20 - 25 whole cashew / kaju

5 to 6 green cardamon/choti elachi, powdered finely in a mortar - pestle or

about 1/3 tsp cardamon powder

A pinch of saffron strands/kesar (optional)

Handful of golden raisins



METHOD:

Rinse, peel and grate the carrots.

In a kadai or deep thick bottomed pan combine milk and grated carrots.

On a low to medium flame, bring the whole mixture to a boil and then simmer.

While the mixture is simmering on a low flame, keep on stirring in between.

The grated carrots will cook in the milk and the milk will start to reduce and evaporate.

When the milk has 75% reduced, add the ghee, sugar and powdered cardamon to the mixture.

Stir well and continue to simmer and cook on a low flame.

Do keep on stirring the gajar halwa in between.

Add the cashews, crushed saffron and raisins and simmer till all the milk is evaporated, switch off the burner.

Serve Gajar Halwa hot, warm or cold, as you desire.

CLASSIQUE GALLERY



Mr. Rustom Talati & Family



Ms. Jyotsna Matkar & Mr. Ramesh Matkar



Ms. Vanita Patel & Mr. Jitendra Patel



Ms. Varsha Narayanan, Mr. A.S Narayanan & Family



Ms. Shailla Kopikar & Mr. Nitin Kopikar



Ms. Luna Mahtani & Mr. Sunder Mahtani



Mr. Kaushal Parekh & Family



Mr. Rakesh Trechandani & family



Ms. Kashmiri Shukla & Mr. Sunil Shukla

Make your occasion more special!



The Classique Club is the perfect venue for every event. We offer a choice of 4 different Banquet Halls—Eden/Esquire/Embassy/Emerald. From conferences to closed door meetings, and cocktail parties to weddings, you can play the perfect host here. Our menus and services will live up to your discerning tastes.



EMBASSY



SWIMMING POOL



TANGERINE



EDEN



EMERALD



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