



CLASSIQUE CHRONICLE June - July 2018









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CLASSIQUE QUOTES

QUOTES:

"You live only once, but if you do it right, once is enough." - Mae West

"How wonderful it is that nobody need wait a single moment before starting to improve the world." – Anne Frank

"If you don't know where you're going, any road will take you there." - George Harrison

"Anyone who lives within their means suffers from a lack of imagination." - Oscar Wilde

"The flower that blooms in adversity is the rarest and most beautiful of all." - Walt Disney



CLASSIQUE CELEBRATIONS

AN EASTER SPECIAL

Easter was celebrated at The Classique Club with great style on April 1st. Tangerine Café laid out a special menu for its members and their guests.

BAISAKHI SPECIAL

Baisakhi, the harvest festival from Punjab, saw a hearty celebration at The Classique Club on April 14th. The Punjabi New Year was celebrated with an authentic Punjabi menu at Tangerine Café.

IPL

The crowds were on the edge of their seats this IPL season. The Classique Club community enjoyed every sixer and wicket along with their family and friends.

KIDS SUMMER CAMP

'Creative Kids' was back with a bang from April 16th onwards. This year the summer camp attracted large number of kids which unleashed the hidden talent and potential of each kid and led them into a whole world of self realization, self confidence and self motivation.

MOTHER'S DAY

On May 13th, Mother's Day was celebrated with a lot of warmth at The Classique Club, as members and their guests were seen enjoying a sumptuous dinner at Tangerine Café with their mothers. A special discount awaited the members who brought their mothers along.



CLASSIQUE HAPPENINGS

DINE WITH DAD

The Classique Club is celebrating Father's Day on June 17th. On this special occasion we invite our members to an evening of discounts at Shooters and Tangerine Café as you unwind with your dearest Papa over dinner and drinks. A 20% discount will be given to members who bring their fathers along for dinner. This discount will be applicable in Tangerine Café and Shooters for a la carte dishes only.

PARENTS' DAY OUT!

A special day to be explicit about your affection and gratitude for your parents – the casting mould of your life. The Classique Club celebrates Parents' Day on July 22nd, by laying out a special menu at Tangerine Café and Shooters. Come in with your parents and avail special discounts. A 20% discount will be given to members who bring their parents along for dinner. This discount will be applicable in Tangerine Café and Shooters for a la carte dishes only.



JUNE FESTIVALS:

At TangerineSizzlers Festival at Tangerine Café from Monday to Friday, 7:30 pm to 11:30 pmAt Shooters BarAssorted Pakora Festival at Shooters Bar from 7:30 pm to 11:30 pm | Every day

Happy Hour Discount

- A glass of wine complimentary to a lady on Tuesdays and Thursdays

JULY FESTIVALS:

At TangerineGujarati Food Festival at Tangerine Café from Monday to Friday, 7:30 pm to 11:30 pm.At Shooters BarContinental Snacks Festival at Shooters Bar from 7:30 pm to 11:30 pm.

Happy Hour Discount

- A glass of wine complimentary to a lady on Tuesdays and Thursdays

CLASSIQUE CALENDAR

JUNE 2018

02.06.18	Saturday	Classic Cutout
03.06.18	Sunday	Waldorf Salad Making Demo
09.06.18	Saturday	Car Puppet
10.06.18	Sunday	Squash Tournament
16.06.18	Saturday	Bubble Wrap Painting
17.06.18	Sunday	Tortoise Origami
23.06.18	Saturday	Green Garden Soup Making Demo
24.06.18	Sunday	Swirly Flower Painting
30.06.18	Saturday	Clay Butterfly





JULY 2018

01.07.18	Sunday	Thread Art
07.07.18	Saturday	Gujarati Samosa Making Demo
08.07.18	Sunday	Watercolour Painting
14.07.18	Saturday	Carrom Tournament
15.07.18	Sunday	Sun Masking Process
21.07.18	Saturday	Rabbit Origami
22.07.18	Sunday	Sea World Activity
28.07.18	Saturday	Fish Salad Making Demo
29.07.18	Sunday	Paper Collage

Cultural Events & Activities (5:30 PM to 6:30 PM)

Sports Activities

Squash Tournament on 10.06.18, Sunday, from 5:30 pm to 6:30 pm Carrom Tournament on 14.07.18, Saturday, from 5:30 pm to 6:30 pm

CLASSIQUE SHOOTERS RECIPES

IQBAL MANSOORI'S CLASSIQUE COCKTAIL & MOCKTAIL



Daddy Joy

INGREDIENTS:

30 ml Dark Rum 30 ml White Rum 50 ml Orange Juice 50 ml Pineapple Juice Ice Cubes

Method:

Pour Orange juice, Pineapple juice and White Rum into a cocktail shaker with ice cubes. Shake well. Strain into a glass. Float Dark Rum and garnish with Orange slice.



Choco-Cola Mocktail

INGREDIENTS:

200 ml Coke 1 Scoop of Chocolate Ice-cream Crushed Ice Cocoa Powder

Method:

Mix all the ingredients and pour it into a tall glass. Serve it with a straw.

CLASSIQUE HEALTH

ARTISTIC YOGA FOR WEIGHT LOSS

"Artistic Yoga to me means any technique that works to give you results." -Bharat Thakur

In a world full of artificial methods, Yoga provides the only natural and healthy way to lose weight with no side-effects.

Artistic yoga is an innovative, dynamic and powerful system of yoga that affects the body like no other form of exercise. It combines ancient yogic techniques (asanas, pranayama, bandhas, kriyas & mudras) with modern cardiovascular-training and partner-stretches that work on the individual



at every level - the physical level (where flexibility, strength and endurance are the primary goal), to the mental and spiritual levels (where awareness of the body, alertness and meditation bring about a complete transformation).

Bharat Thakur Artistic Yoga is a leading Yoga company in India. The brainchild of Himalayan Master Bharat Thakur, Artistic Yoga was developed in 1999 when Bharat saw that the Yoga being taught and practiced all over the world and in India was in no way as powerful, dynamic and immediate as authentic Yoga could be.

It's a myth that you can't lose weight through Yoga. All other forms of workout deal with the burning of calories. As soon as your intake of calories is more than those burnt through your workout there will be a weight gain. In this way, your weight will constantly fluctuate.

Yoga on the other hand works on your glands and not on just burning calories. Once your glands work perfectly, the body automatically maintains the correct weight. The thyroid gland located in the throat is responsible for the metabolic rate, which controls the rate at which food is converted to energy. Those with a perfect metabolic rate can eat anything they like and they will not gain weight because food is quickly converted to energy, without being converted to fat. Yoga has many postures that help to work on the thyroid gland.

So, when you lose weight through yoga it will not come back. One of the quickest ways to lose weight through Yoga is to practice Suryanamaskar, a set of twelve postures done in a flowing movement. If you practice 30 of these regularly the whole body will shape up and tone up very quickly.

Bharat Thakur Artistic Yoga classes are held at The Classique Club.

Call us on 66955550 to know more.

CLASSIQUE ENCOUNTER

IN CONVERSATION WITH MR. VIKRAM WALIA

Tell us something about yourself.

My name is Vikram Walia and I'm passionate about cars.
I'm a true roadie at heart. I love to travel by road and
I'm always looking for good routes for long drives.
Fitness is always on my mind, so I make sure I find time to
do a 30 minute workout (any format) every day.
I have participated at the Nationals in swimming as well.
This is probably why I'm so conscious about my fitness.

Tell us about your profession.

- I have been a media professional for the past 18 years. Currently, I'm working for a leading news network, TV Today Network in India, where I'm responsible for international business. Every profession is hectic these days. However, it is important to strike a balance in your life, no matter what. A right balance gives you a healthy and positive mind which helps you manage your work and family life.

What are your hobbies and other interest areas?

- As I said, I'm very passionate about cars. So whenever I get the chance, I participate in car racing competitions like Autocross, Drag Racing, etc. Recently, I participated in the Aamby Valley Drag Racing Indian Open and stood 2nd and 3rd in rhe 'Diesel Open' category. As is the case with any sport, fitness plays a very important role and for me working out on a daily basis helps me stay fit, and gets



rid of negative energy. Listening to music and catching up with friends on weekends is a must.

How do you feel about being a member of The Classique Club?

- For me, The Raheja Classique Club is conveniently located. I have always believed that your club should not be in your residence building, but also not too far (as traveling can be a hindrance sometimes). It should be located at just the right distance, so you are exposed to a new kind of energy. In that sense, The Raheja Classique Clus is strategically located. It has all the relevant facilities one needs in a club: from swimming (to unwind and relax) to squash and tennis (to have a high-energy workout), a fully operational gym, if you wish to take your workout to another level, and activities meant for friends and family. The club also has a nice restaurant that is the perfect setting for a good meal with your loved ones and a bar to enjoy a match and chill.

Overall, The Raheja Classique Club is a complete package.

CLASSIQUE RECIPE

MUTTON BIRYANI

INGREDIENTS:

Mutton – 1 kg Coriander - 100 gms Ginger-Garlic Paste - 4 tsp Green Chillies – 4 gms Curd – $\frac{1}{2}$ kg Red Chilli Powder - 2 tsp Sour Limes – 2 nos Onions – 800 gms Turmeric Powder – ¹/₄ tsp Tomatoes – 400 gms Ghee – 250 gms Mint – 50 gms Cinnamon Sticks - 2 gms Cardamom – 2 gms Cloves – 2 gms Salt – 2 tsp



For Rice:

Basmati Rice – 1 kg Saffron – 20 strands Milk – 50 ml Salt – to taste

Method:

Heat ghee in a large vessel. Fry cinnamon, cardamom and cloves. Add sliced onions; fry till golden brown. Add ginger-garlic paste and sliced tomatoes. Fry well. Add red chilli powder, turmeric powder and salt. Add the well-washed and dried mutton. Lightly roast the same. Add curd, coriander, green chillies and water. Cook for 45 mins or till the mutton is tender. Set aside. Add lime.

Boil water in a large vessel. Add rice to the boiling water, add salt to taste. Cook till the rice is 3/4th done. Drain the water.

For Biryani add cooked rice to the korma, add saffron milk and close the vessel tightly. Allow to cook on a low flame for 10 mins.

CLASSIQUE GALLERY



Mr. Madanlal Pardasani & Famil



Ms. Pooja Ambegaonkar with Family & Friends



/ir. Ketan Kanakia with Family & Friend



Mr. L.S Randhawa & Family



Mrs. Rajani S Nandargikar & Mr. Nandargikar F





Mrs. Sangeeta Trivedi & Mr. Amit Trivedi



Capt. Prakash Rukhaiyar & Family



Ms. Nikita Gupta & Mr. Aniket Gupta

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Our menus and services will live up to your discerning tastes. to weddings, you can play the perfect host here. closed door meetings, and cocktail parties Embassy/Emerald. From conferences to Banquet Halls-Eden/Esquire/ every event. We offer a is the perfect venue for choice of 4 different The Classique Club



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